



**2. What is your timeframe?**

Go back through your list and write 1, 3, 5, 10, or 20 years next to each goal to indicate how long it will take you to achieve each goal.

**3. What are your TOP one-year goals?**

Review your list again and write your three, most-important, one-year goals. Write WHY you are absolutely committed to achieving each goal within next twelve months.

**Goal #1:**

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Why?

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**Goal #2:**

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Why?

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**Goal #3:**

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Why?

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